



**Ninna Marni everyone** ( that mean's "Hello, how are you in Kaurna language)

Welcome to another exciting year of learning, fun and community at C.a.F.E. Enfield Children's Centre. A special welcome to all of the new children & families who are joining our centre for the first time- we trust that your time here will be a positive one and we look forward to getting to know you all. If you have any questions please speak to one of your child's educators or our admin staff- we are all here to help.

There are lots of ways that we aim to keep you informed about the centre.

Our [website](#) has lots of information such as our [policies](#) (there is also a policy folder near the office), the [Parent handbook](#), and our [Centre program](#).

We aim to have a Centre newsletter every month which will have important dates & information. You will also receive monthly newsletters from your child's room so that you can read about some of the learning that has been happening. Ask your child's educator about the room Floorbooks as well.

**IMPORTANT MESSAGE**

**Please sign your child in electronically when they arrive and out when they leave! You also need to press "confirm". This is important for child safety so that educators know who is in the building, and for your childcare subsidy.**

**Ask the educators for help if you need.**

**MANAGEMENT COMMITTEE**

Our Children's Centre (child care & preschool) is managed by a committee of parents and staff. Being a part of the Committee provides a way for you to participate in the management of the Centre and to have a strong voice in what happens.

Meetings are held once a month from 6-8pm.

Nomination forms to join the Committee are attached to this newsletter.

Please speak to someone in the office if you would like more information.

**Annual General Meeting**

**Date: Wednesday 25<sup>th</sup> February**

**Time: 6:30-8pm**

**(limited child care available)**

**Important Dates**

Jan 23	CENTRE CLOSED for Staff Development
Jan 26	Public Holiday -centre closed
Jan 27	Term 1 begins
Feb 7	Dad's Playgroup 9:30-11am
Feb 17	Circle of Security for Dads 5:30-7:30
Feb 18	Management Committee Meeting 6-8pm
Feb 25	Annual General Meeting
Mar 1	Dad's Playgroup 9:30-11am



## Community Development Co-ordinator

Welcome back to our families and a big Hello to new families starting this year. My name is Jill.

My role as Community Development Coordinator here at C.a.F.E Enfield is to organise programs and parenting sessions that support you as a parent.

### Term 1 Programs

*(please note that child care is not available for these sessions)*

#### Circle of Security for Dads

Tuesday evenings 5:30-7:30pm starts Feb 17

Lee will be partnering with Arnold from Relationships Australia to deliver this 7 week program that helps you understand and develop secure bonds with your children.

#### Cyber Safety parenting session

Wednesday 11th March 5.30pm-8pm.

This is a session about raising children safely in a digital age & positive approaches to guiding children's behaviour in a digital world.

Topics will include:

- Cyber bullying
- sharing images
- games & apps
- where to find help & support

#### First Aid for Families –

Saturday 28th March 9.30-12.30

This is a practical "What to do" if your child needs first aid session (This is **not** a certificate course). It's an opportunity to ask questions about things like choking, managing head injuries etc. Please note we cannot provide childcare, but babies on laps are ok.

To register or for more information contact Jill  
telephone: 83423329  
Email: [jill.meldrum@sa.gov.au](mailto:jill.meldrum@sa.gov.au)

Thank you to the families & staff who donated Xmas gifts to the children from Malvern House and the toiletries for Treasure boxes, they were greatly appreciated. Please read the thank you letter we received...

### Letter of thanks received from Centacare Catholic Community Services

Dear Jill,

Thank you, and everyone at C.a.F.E. Enfield Children's Centre for your generous donation of children's and women's Christmas gifts and home furnishings to Centacare – Malvern Place.

Your kindness is truly appreciated and will assist us to support young women and their children who are experiencing homelessness.

Since 1942, Centacare has been supporting South Australians in the belief that everyone has the right to be treated with dignity and respect, regardless of their circumstances and the challenges they face.

With your help, we will continue to walk alongside young women and their children experiencing homelessness to empower them with a sense of purpose, hope and stability.

Yours Sincerely,

Anthea Francis

Senior Manager

Young Family Support Program

Centacare Catholic Community Services

## What children wear to education and care

<https://www.startingblocks.gov.au/other-resources/factsheets/dressing-your-child-for-education-and-care>

Please make sure that you:

- ☑ **label all clothing with your child's name**
- ☑ **provide spare clothes** in case your child has an accident or
- ☑ supply a sun hat
- ☑ encourage your child to dress appropriately for the weather and to wear a hat at all times while playing in the sun

**These are a few factors that you may wish to consider when choosing what your child wears to education and care.**

### Temperature

It is important that children are not over or under dressed, and that clothing suits the temperature of the day. The smaller children are, the more easily they can become chilled or overheated. Natural fabrics such as cotton are generally cooler than acrylic fabrics. It is a good idea to send spare clothes for unexpected changes of weather, especially during changes of season, when the weather can be unpredictable.

### Footwear

Children need to wear safe, comfortable shoes that fit well. Shoes should provide support as well as protection for your child's feet. Shoes that give little protection and support or that have raised heels or soles may cause accidents. Shoes with soles that grip make climbing and other physical activities easier and safer for children to enjoy and take part in. **No thongs or open-back shoes.**

### Sun Protection

Children need protection from the sun while playing throughout the day. T-shirts with long sleeves and long trousers offer good protection. Hats are essential and should have soft brims to allow for movement and to provide maximum protection. Read our Sun Protection Policy for more information.

### Dressing to support children's play and learning

When clothes fit properly and are not too loose or tight, children can move freely and comfortably and participate in experiences. It can be helpful to talk with your child about the clothes they feel most comfortable in for different activities, and to help them to choose clothes that will be practical.

# Flying Start for kids



Government of  
South Australia



Help us get your child off to a flying start! In Term 1 we will launch 3-year-old preschool at our centre.

Focused on age appropriate, play-based learning and led by our qualified early childhood teachers, the program helps all children with building language and curiosity, making friends, strengthening physical health and motor skills and encouraging a sense of belonging.

Find out more in this [3-year-old preschool explainer video](#).

There are two forms that take about 5 minutes to complete – a Registration of Interest form and a Declaration and Consent form. If you haven't done so already, please return your registration forms as soon as possible so we can welcome your child to this great new program.

Your time to do this makes a big difference for our centre as we receive state government funding to support each child registered in the 3-year-old preschool program. Registering your child helps us to employ qualified, highly skilled teachers and educators also goes towards supporting all our staff with training and professional development to deliver quality play-based learning for your child.

## What is 3-year-old preschool?

- The 3-year-old preschool program is a teacher-led, play-based, age-appropriate program, focused on developing the skills that will support children throughout their lives.
- Children learn and thrive in a safe, supportive, play-based environment led by qualified teachers in our Karra Room.
- **Normal child care fees apply**
- Positive early learning experiences can help with building language and curiosity, making friends, strengthening physical health and motor skills, and enhancing a sense of culture and belonging.
- As our service is a Flying Start preschool partner, your child is eligible for up to 2 years of quality early learning before they start school (of course at our Centre they are getting much more than this if they start at 1 or 2 years of age!)
- Our Centre will only offer a place in 3 year old preschool **after your child turns 3 years of age**.

If your child turns 3 during their eligible term then this will still count as a full term. (Refer to our [Enrolment policy for 3 year old preschool](#) for more information)

**We will offer multiple intakes throughout the year to accommodate this.**

*Example- a child born in February/early March will start during Term 1 once they turn 3*

*A child born in late March/April will start in Term 2*

*A child born in August/early September will start in Term 3 once they turn 3*

*A child born in late September/October will start in Term 4*

***If you need help completing the forms, or have any questions speak to one of our friendly team.***



# Nomination Form for Management Committee

As a public preschool & a community-based centre we are managed by a committee of parents and staff. Being a part of the Committee provides a way for you to participate in the management of the service and to have a strong voice in what happens.

Any parent can join the Committee and no experience is necessary (there is a requirement to obtain a Working with Children Check and complete online Child Protection training)

Annual General Meeting  
Wednesday 25<sup>th</sup> February 2026 6:30-8:00pm

I would like to nominate as parent representative on the Management Committee for 2026

Nominee Name: \_\_\_\_\_  
Print name\_ Signature

I wish to nominate for the position of:

- |                          |                  |                          |             |
|--------------------------|------------------|--------------------------|-------------|
| <input type="checkbox"/> | Committee member | <input type="checkbox"/> | Chairperson |
| <input type="checkbox"/> | Treasurer        | <input type="checkbox"/> | Secretary   |

Nominated by \_\_\_\_\_  
Print name\_ Signature

Date: \_\_\_\_\_

(Please return the completed form to the office)